



# Your Guide to Home Care Support Services

*Locals Supporting Locals*



## What is the Staying in Place Program?

Staying in Place is an innovative community approach to aged care, making it possible for older people in rural and regional areas to stay living in their own home, in their own community.

The Staying in Place model draws on 'locals supporting locals' by partnering with an approved aged care provider, InCasa Country, online workforce platform, Mable, and local coordinator, Dumbleyung Community Resource Centre (the Centre).

The Centre is proud to partner with InCasa Country and Mable to increase the number of jobs available to locals in the Dumbleyung community.

## How We Can Help You

If you are over 65 years old, or an Aboriginal or Torres Strait Islander over 50 years old, you could be eligible for a **Home Care Package** funded by the Australian Government.

Eligibility for this package is determined through an **ACAT Assessment**, to identify what support might help you return to, or keep the independence needed to manage your day-to-day tasks. Applying is easy, just visit [www.myagedcare.gov.au](http://www.myagedcare.gov.au). All you will need for this is your Medicare Card.

Our dedicated Coordinator will be on hand to work with you through this process to access the locally available services and support needed to continue living comfortably, safely and independently at home.

*We are here to help from the very start, or whenever you are in your independent living journey*



## Types of Services

Dependent on your Home Care Package, here are some examples of services that can be accessed.

- **Personal Care:** You decide how much care and support you need
- **Clinical Care:** Including nursing and allied health specialists.
- **Transport Services:** Getting around from one point to another can be difficult for many people.
- **Domestic assistance:** We'll support you to remain at home in familiar surroundings.
- **Social Support:** With our support, you'll feel connected to your local community.
- **Meal Assistance:** We can assist with shopping for groceries and preparation of meals.
- **Home Maintenance Services:** You'll enjoy being in the comfort of your own home, by keeping it in a safe and secure condition.

*Services can be used according to your needs and budget, providing you with the choice, control and flexibility in the way your care is delivered.*

## *Did you know*

- *Staying In Place uses a **local workforce** which ensures local money stays local, supporting the future of rural towns.*
- *All support workers are **verified and screened** by Mable, which also provides required insurances.*
- ***You have full control** of all aspects of the services provided in your package, including choosing your support workers.*

Living  
Life  
Your  
Way

## How it works

- Contact the Dumbleyung Community Resource Centre  
**phone:** 0459 932 616
  - **email:** admin@dumbleyungcrc.com
  - **in person:** At the Dumbleyung CRC Office, 28 Absolon St, Dumbleyung
1. Discuss the who, what, where and when of the services and support you are needing. You are encouraged to bring along a family member or support person.
  2. Assistance through the ACAT (Aged Care Assessment Team) Assessment process to receive a Home Care Package through the Australian Government.
  3. Complete the Home Care Agreement and other relevant documents provided by InCasa Country.
  4. Complete of the clinical assessment in your home by a local registered nurse.
  5. Coordinate services using the local workforce through the online platform, Mable.
  6. Ongoing support and assistance to help you enjoy living happily and comfortably in your own home

